

EMERGENCY PREPAREDNESS DISASTER PLAN

1. **Tornado Watch or Warning:** Be prepared to take action immediately. Take shelter in an interior hallway, closet or bathroom tub.
2. **Hurricane Watch:** Means hurricane conditions are possible, usually within 36 hours.
3. **Hurricane Warning:** Means hurricane conditions are expected within 24 hours.
4. **Identify** ahead of time where you will go if you are told to evacuate. EX. To a family member or friends' home in another area, a hotel/motel or a Hurricane Shelter. Please give yourself enough time to make these arrangements. *Our Clubhouse is **NOT** a Certified Shelter; it is **NOT** a Hurricane Proof Building... Polk County Schools are shelters.
5. **Polk County Evacuation Information:** Citizens Information Line **863-401-2234** or visit www.polk-county.net
6. **Polk County Hurricane Preparedness for Special Needs:** To Register or inquire if you fall under this category please call, Emergency Management **863-298-7027**
7. www.polk-county.net/hurricane-preparedness will give you all the information you need

Lake Region Village's Clubhouse is there for residents to go during the worse part of the storm. In no means is it a hurricane shelter. Make arrangements ahead of time as to where you will go during a hurricane. The clubhouse will be open for those who choose to stay during the storm and those who stay will be responsible for themselves. There will be no one at the clubhouse to take care of you.

Clubhouse Rules during a Hurricane

1. When entering building your spot will be on a first come first serve basis. No favorite spots will be saved for you or others with exception of spouse.
2. Only blow-up mattresses or a lawn chair, one per person will be permitted No bed frames.
3. Items you may bring per person, cooler, bedding i.e., pillow, sheet, blanket, some non-perishable food/snacks & water, and your emergency box "Kit" which should have your medicine, snacks, toiletries, and some card game or book to keep you busy. Space is an issue so keep things to a minimum.
4. No medically needed person or anyone who cannot take care of themselves, self-toilet or dependent on electricity or refrigeration for their medical needs will be allowed in the clubhouse. There are shelters that will pick you up and care for you during the storm for special needs persons.
5. No Smoking will be allowed during the lock down period of the storm anywhere in the clubhouse, meaning no one will be allowed out any door to smoke!
6. Doors and windows will be boarded for your own protection and only one door will be available for exit for those persons in charge of the facility that day/night.
7. If the storm lasts days and there is no power to LRV, as well as MANY other Polk County residents, more information will be given at that time how we should proceed.
8. Remember you are on your own, make sure you have the necessities needed to take care of yourself ahead of time.

EMERGENCY SUPPLIES

It is everyone's own responsibility to keep their own emergency container box/kit to take with them if evacuated. **This should be checked every 6 months.**

Ideas for an emergency box/kit & to prepare for a Hurricane:

1. A see-through snap lock tote is best so you can see what is in there. Put your name on the box &/or tape a copy of this supply list on the inside of it.
2. Water, both individual drinking bottles or gallon bottles are most cost effective for household needs
3. Food: 3-day supply (Food ideas) non perishable
 - a. Protein/Granola Bars/Breakfast bars, Crackers/Cereal, Trail Mix/Dried Fruit
 - b. Canned meats/beans/sausages

- c. Canned or boxed juices
- d. Candy/Gum/snacks
- 4. Cell phone and Charger with back up battery charger, newer Solar ones are Great to have, check Amazon they hold a charge a long time and have several ports to connect to and a strong light.
- 5. First aid kit
- 6. Small battery-operated weather radio
- 7. Whistle to Signal
- 8. Moist toilettes, deodorant, soap anti-bacterial cleanser & any other personal care items you may need
- 9. Garbage bags
- 10. Manual can opener
- 11. Small cooler
- 12. Flashlight and extra batteries
- 13. Emergency contacts list
- 14. Cards, books and small games or items to keep you busy
- 15. Extra set car keys and house keys
- 16. Prescriptions medications and any other over the counter medication you may need
- 17. Glasses, contact lenses and/or solutions & case
- 18. Bedding, such as: Sleeping bag, pillow, sheet and/or blanket
- 19. Change of clothes, maybe for 3 days something cool in case of lack of air conditioning it will be HOT!
- 20. Sturdy Shoes, such as tennis shoes
- 21. Cups, plates and disposable silverware
- 22. Paper Towels, napkins & a roll of toilet paper, Tarps
- 23. Copies of the following important documents:
 - a. Driver's License
 - b. **CASH** (incase power is out and CC machines aren't working) **Min of \$500.00**
 - c. Credit Cards or photo copies of front and back of all
 - d. Birth certificate, Marriage License, Social Security Card, passport, Wills
 - e. House Title & Share paperwork
 - f. House Insurance documents for sure!
 - g. Insurance Records, health, homeowners, car & life policies & cards
 - h. Immunization or health records
 - i. Bank accounts, CD's any other important financial paperwork.
- 24. Create a disaster plan, things to have on hand in case your home suffers damage, tarps, bungy cords, propane for your outdoor grill to cook on if needed.
- 25. Secure your house or business, put all projectile objects in your shed i.e., flower pots, lawn ornaments & furniture.
- 26. Prepare your vehicle, i.e., gas up ahead of time, everyone's doing the same thing
- 27. Fill your bathtub with water, to be used for sponge bathing or toilet needs only
- 28. Make a list of people you may need to contact if you suffer damage
 - a. Insurance Companies, Polk County, Duke Energy, Spectrum etc.
 - b. Roofers, Lawn Care People, your Handy Man and/or others in our area
 - c. A list of Hotel/Motels in the area you may want to go to during the worse part of the Hurricane, make reservations ahead of time.

Remember everyone will be busy, do NOT CALL the office to check on your home or to give you information on the current power status, or whom you should call to fix things. The Office Staff will be busy trying to get the Office and the Community back in operation. This is when you call your person that is watching over your home in your absence if up North or just not here at the time! Make sure the office has that information.

6/5/2023